



# Adolescent Inpatient Unit at Northgate

**1-800-528-6624**

## Treatment Team

### Northgate Unit • Ext. 2327 • Nursing Station

Program Director	Shannon K. Meaney, L.C.S.W.	<b>Ext. 2314</b>
Medical Director	George Eapen, M.D.	<b>Ext. 2544</b>
Nurse Manager	David Sexton, B.S.,R.N.	<b>Ext. 2155</b>

**Please contact the Unit Leadership for any questions**

## Visitors Guide

All approved visitors are welcome at Four Winds Hospitals for visits with patients. Visiting in-person is by appointment only. For the comfort of our patients, we request that visits be limited to two persons for a maximum of one hour at a time unless alternate arrangements have been made in advance. Each patient may have two visits of one hour per week (one during the week and another on the weekend). For child and adolescent patients, visitors are limited to parents or legal guardians. For child and adolescent patients that require parents or legal guardians to have separate visiting times, each parent or legal guardian will be allotted two visits a week.

Kindly check in at the nursing station prior to beginning your visit to obtain your visitor identification tag. No children are permitted as visitors. Thank you for your cooperation.

## Telephones

Your family member's therapist can always be reached by calling the unit directly. Please remember:

- Patients may speak on the phone when not in the daily treatment program.
- Phone calls are limited to 10 minutes to respect the needs of all patients.
- Patients can be reached by calling **Boys (914) 763-8151 ext. 2549**  
**Girls (914) 763-8151 ext. 2546**

**Suggested Phone Call Time**  
**12:00 pm - 1:00 pm**  
**5:00 pm - 6:00 pm**  
**8:00 pm - 9:00 pm**

## Patient Account Information

For information about insurance or patient accounts, please call Valerie Sikora at 1-800-528-6624, Ext. 2384.