

PATIENT PERSONAL BELONGINGS FOR FOUR WINDS - SARATOGA

***Safety concerns and available space on the unit limits the quantity of items that are brought into the hospital. Upon a belongings inspection, items that are excessive in number may be returned to your family at the time of admission, or they will be put into storage. You will not have access to these items through your hospital stay if they need to be put in storage. ***

Clothing:

Patients are asked to bring in enough clothing for only a 5-7 day stay (1 small suitcase). There are laundry facilities available on the program units to ensure that you will be able to have clean clothes each day. Parents/Guardians please put names in the clothing of children who are being admitted to the Children's (Catlin) Unit.

Clothing should fit appropriately and not be tight or revealing in nature. Clothing should not portray inappropriate images or signage (i.e.: beer logos, death and dying references or sexually inappropriate messages.)

This list has been established as an example for the number of belongings for a 5-7 day stay at the hospital:

- 5** shirts/blouses **MUST** cover the abdomen and chest area.
- 5** pair of pants/skirts/dresses (no short skirts)
- 5** pairs of underclothes.
- 2** pairs of appropriate shoes (to be worn for walking, should be comfortable)
- 3** sets of night apparel.
- One sweater and/or jacket/winter coat depending on the season.

Personal care items

We provide a variety of generic personal hygiene items, but you are welcome to bring your own if you prefer. Blow Dryers, straighteners and curling irons may be brought in, but will be kept in a closet and signed out by the patient prior to each use.

Medications

If you are asked to bring in medications, please bring them in the bottles they are prescribed in. This includes any herbal preparations and over-the-counter medications you may be on. Please do not pack medications of any kind in your luggage. Please keep them in a separate container for easy identification.

Insurance ID Cards

It is important that patients bring their insurance card(s) with them so we can make a copy. These are critical for proper billing and authorizations.

Telephones

Each patient building is equipped with a phone and a pay phone for patients to use. You may want to bring a phone card to access the pay phone.

Electronics

For privacy reasons, most electronic devices are **NOT** allowed however, if you are staying on the Ferndell, Hathorn or Freshwater unit, you may have an MP3 Player (as long as it does **NOT** have a camera), a battery operated CD Player and 2-3 CD's, and a battery operated clock.

Valuables

We strongly discourage bringing anything of value (jewelry, IPODs) etc. as we cannot take responsibility for them. Though we don't restrict these items, they will be your responsibility should they get misplaced, broken, etc. There is no need for money or credit cards here so we ask that you don't bring them.

The following list of items is **NOT** allowed.

- **Cell Phones**
- **Electronics.** This includes all recording devices: hand-held games, tape recorders, video recorders, electronic readers and cameras. In addition, no videotapes or DVD's. No laptops, computers, PDA's, tablets, pagers, stereos.
- **Cigarettes/Tobacco Products/Electronic Cigarettes**
- **Cigarette lighters/Matches.**
- **Food and Beverages.** This includes take-out items brought in by visitors and bottled beverages.
- **Plastic bags.**
- **Linens/Blankets/Towels/Pillows/Stuffed Animals** (exceptions may be made for children/adolescents)
- **Clothes Hangers.** Hangers are supplied by the hospital.
- **Powder**
- **Cleaning products of any kind.**
- **Shavers**
- **Razors**
- **Glass items**
- **Aerosol Sprays (Pump sprays are ok)**
- **Toys**
- **Pets**

Patient signature: _____ **Date:** _____