



Child Inpatient Unit at the Cliffside / Gatehouse

Child Unit • 1-800-528-6624 • Nursing Stations: Cliffside Ext. 2593 • Gatehouse Ext. 2515

The Cliffside Unit operates out of two neighboring buildings, Cliffside and Gatehouse. Children will participate in the daily program and will sleep in either Cliffside or Gatehouse. The Cliffside Unit uses both buildings to facilitate small groups and individualized treatment.

Program Director	Alyssa Gaiser, L.C.S.W.	Ext. 2777
Program Medical Director & Assistant Medical Director	George Uy, M.D.	Ext. 2905
Nurse Manager	Emily Davino, R.N.	Ext. 2073
Psychiatric Nurse Practitioner	Sun-Jung Choi, N.P.P.	Ext. 2637
Psychiatric Nurse Practitioner	Aliza Madden, N.P.P.	Ext. 2050
Social Worker	Ellen Goldstein, L.M.S.W.	Ext. 2359
Social Worker	Terese Line, L.M.S.W.	Ext. 2440
Social Worker	Cierra Ponzio, L.M.S.W.	Ext. 2149
Social Worker	Caroline Whetzel, L.M.S.W.	Ext. 2493
Director of Education	Catherine Zacotinsky, M.P.S.	Ext. 2053

Visitors Guide

All approved visitors are welcomed at Four Winds Hospital for visits with patients. Kindly check in at the nursing station prior to beginning your visit to obtain your visitor identification tag. We request that visits be limited to two persons for a maximum of two hours at a time unless alternate arrangements have been made in advance. In addition to the visiting schedule outlined below, visitors are welcomed during meal time and may join patients in the dining hall. Visitors are asked to pay for their own meals. Please refer to the unit schedule for a listing of meal times. Alternate visiting arrangements can be made with the Therapist or Nurse Manager. Please pre-arrange all visits. Thank you for your cooperation.

Usual Visiting Hours:

Monday through Friday	4:00 pm - 6:00 pm
Saturday, Sunday & Holidays	1:00 pm - 4:00 pm
Discharge Time	11:00 am

Best Times to call Patients:

7:00 am - 8:00 am
3:00 pm - 4:00 pm
6:00 pm - 7:30 pm

Telephones

Your family member's therapist can always be reached by calling the unit directly, or by asking for the extension of the therapist as listed above in the treatment team listing. Please remember:

- Patients may speak on the phone when not in the daily treatment program.
- Patients are allowed 2 incoming and 2 outgoing calls daily and are limited to 10 minutes to respect the needs of all patients.
- Patients can be reached by calling: **1-800-528-6624, Ext. 2900 or 2594 for Cliffside and Ext. 2515 for Gatehouse**

Patient Account Information

For information about insurance or patient accounts, please call Valerie Sikora at 1-800-528-6624, Ext. 2384.