

# Xavior “Sam” Mastrianni, M.D. 2019 Scholarship Fund

*“I have always felt that when patients come to us for treatment they are trusting us, not only with care of their illness, but in a much broader sense they are trusting us with their lives. They share with us their view of themselves, their families and their world. The more vulnerable they are, the greater care we must take, not only to respect the power of their illness but their individual strengths and uniqueness. When they leave here, they should not only feel better about their illness, but better about themselves. In other words, their illness should never be treated at the expense of their humanity.”*

Xavior Mastrianni, M.D.  
1934-1995



The Mastrianni Scholarship Committee is pleased to release scholarship funds for 2019 established by friends, family and colleagues to honor the memory of Dr. Xavior “Sam” Mastrianni, a Saratoga resident and psychiatrist whose vision and leadership guided the expansion of mental health services in Saratoga County until his death in 1995.

Scholarships are offered to those who demonstrate Dr. Mastrianni’s commitment to higher education in the field of mental health.

Multiple scholarships will be given to residents of the region pursuing education or professional development in the field of mental health.

Scholarship applicants can represent a broad range of experiences and backgrounds, but preference is given to individuals working in the mental health setting.

For more information about the scholarship or to obtain an application form, contact:

**Four Winds Saratoga,  
Community Relations Department  
584-3600, ext. 3115 or online at  
[www.fourwindshospital.com/news](http://www.fourwindshospital.com/news)**

**APPLICATION DEADLINE: May 1, 2019**

## **The Xavier “Sam” Mastrianni Educational Fund**

### INFORMATION FOR APPLICANTS

Xavior Mastrianni, M.D. (1934-1995) was a resident of Saratoga Springs and a psychiatrist who led the expansion of the region’s mental health services. During his career, Dr. Mastrianni was an extraordinarily skilled clinician, director of the Saratoga County mental health services, director of Saratoga Hospital’s psychiatric inpatient unit, and co-founder and chief operating officer of Four Winds-Saratoga Psychiatric Health System. He was a leader in the creation of a variety of services for the mentally ill, including the Skidmore College counseling services, the Day-Treatment program at Friendship House, Transitional Services at Hammond House, and the sheltered workshop Unlimited Potential.

Dr. Mastrianni’s life and career was dedicated to providing state-of-the-art treatment for persons with mental illnesses and their families, reducing the stigma attached to mental illness through advocacy and example, and serving the broader community in which he lived and worked. He was a tireless advocate of the power of education: as a critical tool in the treatment of the mentally ill, as an avenue for growth and career enhancement for people of all ages, and as an essential feature of effective services for the mentally ill. His commitment to enhancing educational opportunities for those he treated, and those he employed, was reflected in his decades of service as consulting psychiatrist to Skidmore College, the creation of the innovative College Service for patients and the internship program for college students at Four Winds-Saratoga, the tuition benefit program for staff in the organizations he directed, and in the mentoring he provided for countless members of the Saratoga community.

The Xavier Mastrianni Scholarship was established by friends, family, and colleagues to honor Dr. Mastrianni’s commitment to higher education in the service of the field of mental health. It provides a scholarship of up to \$5,000 a year to residents of the region seeking a degree in the field of mental health. Applicants may represent a broad range of experience and disciplines, but preference will be given to those currently working or with experience in community mental health settings who are seeking to acquire more knowledge, credentials, and skills in the area. Mental health workers and nurses seeking to complete baccalaureate degrees are especially encouraged to apply. Successful applicants will exemplify in their lives and aspirations the qualities of compassionate and competent treatment of the mentally ill, a commitment to lifelong learning and community service.

# 2019 XAVIOR "SAM" MASTRIANNI EDUCATIONAL FUND SCHOLARSHIP APPLICATION FORM

DATE SUBMITTED: _____		
APPLICANT'S NAME: _____		
APPLICANT'S SOCIAL SECURITY NUMBER: _____		
ADDRESS: _____ _____		
PHONE: _____	EMAIL: _____	
EDUCATION (please summarize educational background, including college work, if any):		
HIGH SCHOOL: _____ YEAR OF GRADUATION: _____		
COLLEGE(S) ATTENDED:	DATES OF ENROLLMENT:	DEGREE(S) EARNED:
_____	_____	_____
_____	_____	_____
How did you hear about this scholarship? _____		

INSTRUCTIONS: Please complete the form above and send with:

1. Resume
2. Letter of acceptance from institution/programs you are attending or plan to attend during the 2019 Spring, Summer or Fall semester. If application is pending, list of institutions/programs to which you have applied. (Letter of acceptance will be required by September 1, 2019 before scholarship is released.)
3. Essay describing the ways in which your experiences and aspirations will exemplify the values this scholarship seeks to support. (typed, double-spaced, no more than 500 words).
4. **Three letters of recommendation** from teachers, employers or others familiar with your work and/or academic abilities. Please ask your reference to send letters directly to the Xavior "Sam" Mastrianni Educational Fund at the address below.

Completed applications must be submitted by **May 1, 2019**. The Xavior Mastrianni Scholarship Committee will review applications and candidates will be notified of the committee's decision.

*Application materials should be sent to:*  
Xavior "Sam" Mastrianni Educational Fund  
Attn: Community Relations  
Four Winds Saratoga  
30 Crescent Avenue  
Saratoga Springs, NY 12866