

Catlin Daily Program

	SUPER HEROES	<i>All Stars</i>	<i>Champions</i>
6:30am-8:30am	Wake-up, Get dressed, ADLs, Make bed, Eat breakfast, Get ready for the day	Wake-Up, Get Dressed, ADLs, Make Bed, Eat breakfast, Get ready for the day	Wake-Up, Get dressed, ADLs, Make Bed, Eat Breakfast, Get ready for the day
8:30am-9:30am	Goals Group /Levels/Skills Group Exercise Group @ 9 am	School	Mindfulness, Games, Goals & Levels
9:30am-11:00am	9:30-10 am School 10:30 am-Snack	<i>Snack-9:30 am Mindfulness, Games, Levels, Exercise Group @ 10 Goals Group @ 10:30</i>	Skills Building Group & Snack, School Exercise Group @ 10am
11:00am-12:00pm	Outdoor Play, Levels, Prepare for Lunch	Skills Building Group, Free time	School, Free Time
12:00pm-12:30pm	LONCHTIME		
12:30pm-1:30pm	Quiet Time/Activity Refinement Group	Reading, Skills Building Group, Quiet Movie, Activity Refinement Group	Quiet Movie/ Activity Refinement Group
1:30pm-2:30pm	Quiet movie, Reading, & Levels Review	School / Levels Review	School, Reading, and Levels Review
2:30pm-4:00pm	2:30 -3 pm School 3- 4:00 Snack & Free Time	Activity @ 2:30 Snack@ 3pm Outside Play 3:30-4	Snack/Outside Play
4:00pm-5:00pm	Baths & showers, prepare for dinner	Outside Play / Prepare for Dinner	Free Time
5:00pm-6:00pm	DINNER, Clean-Up, Crafts, Evening Wrap Up Group	Dinner / Showers/Evening Wrap Up Group	DINNER, Evening Wrap Up Group Evening Activity Showers
6:00pm-7:30pm	Levels/ Movie/Snack @ 7 pm	Levels / Movie/Snack	Levels/Movie/Snack
7:30pm-9:00pm	Movie, Story, Bedtime	Movie, Story, Bedtime	Movie, Story, Bedtime
During the weekend: Activities & Skill Buildings will occur in place of school schedule.			

Last Updated: 03/16/2022