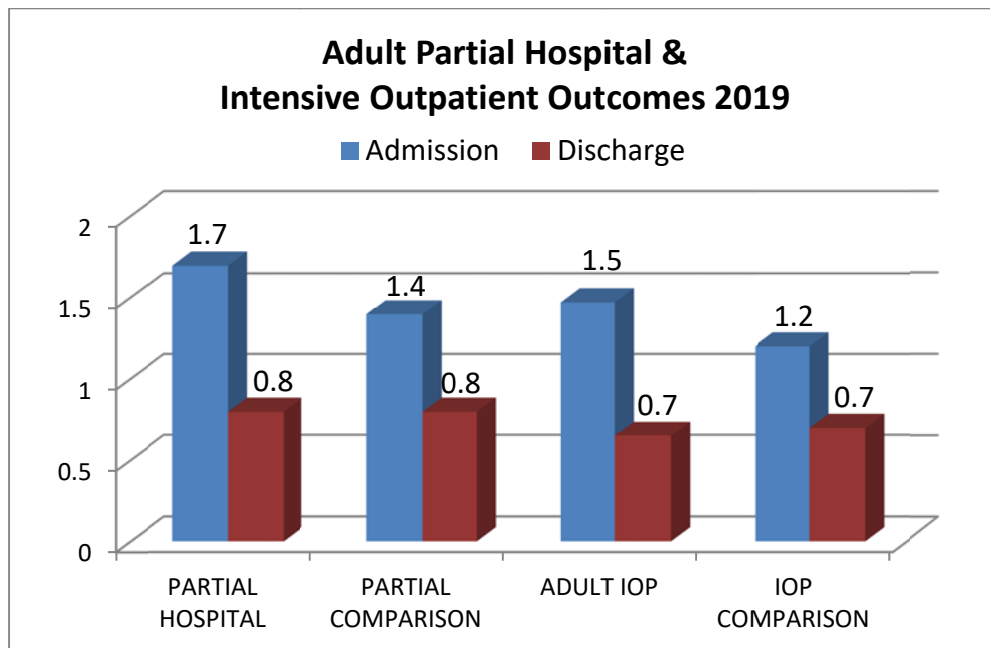
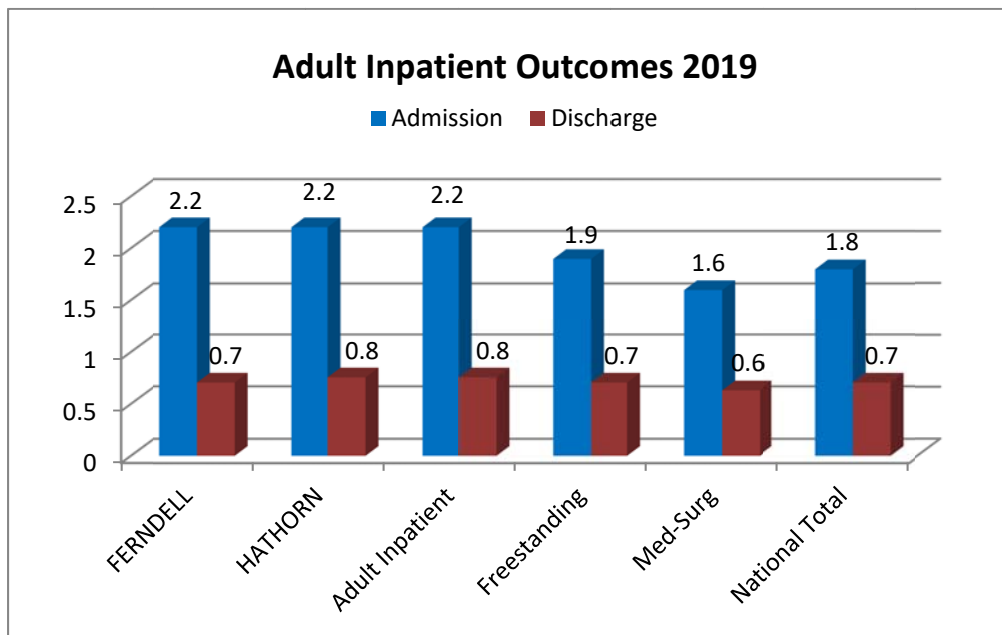


## Outcome Data

### BASIS- BASIS-32®

Four Winds Saratoga has proudly used the BASIS-32® (Behavior and Symptom Identification Scale) since 1991 to evaluate patient outcomes and satisfaction. Adult patients complete a BASIS-32® on admission and again at discharge in our Inpatient, Partial Hospital and Intensive Outpatient Programs. Our vendor offers us the ability to benchmark our outcomes and satisfaction for Adult patients against 74 facilities including 23 freestanding psychiatric facilities. For information about this highly respected, award winning outcome study please refer to: <http://ebasis.org/basis32.php>

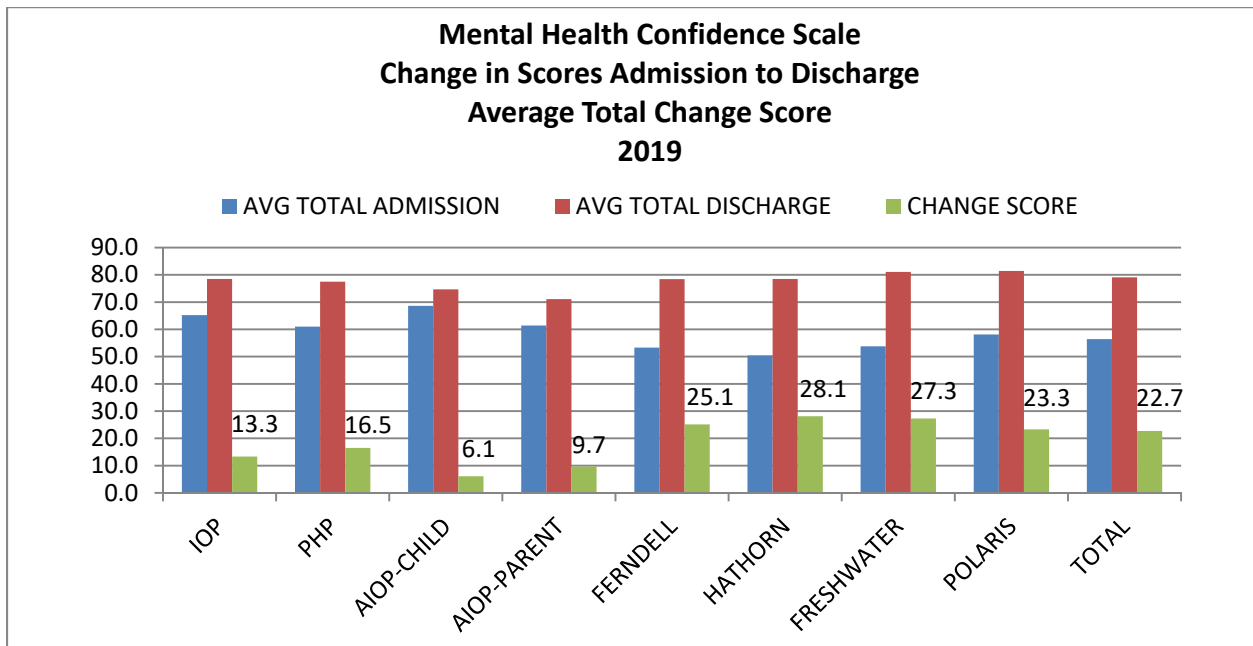
Our data demonstrates that patients receiving treatment in our Adult programs achieve greater improvement in symptom reduction than benchmark facilities even though they begin treatment more symptomatic.



## Mental Health Confidence Scale (MHCS)

Four Winds Saratoga uses the MHCS to evaluate outcomes in patients within our Inpatient services (adolescent through older adult), Adult Partial Hospital Program (PHP), Intensive Outpatient Program (IOP), and Adolescent Intensive Outpatient Program (AIOP).

The MHCS is a sixteen item scale that measures three factors: 1) Confidence in the development of hope, 2) confidence in the ability to manage symptoms and emotions, and 3) confidence in the ability to advocate for one's needs and rights. For each item scores are indicated on a scale ranging from 1 = not confident to 6 = very confident. The highest possible score on the MHCS is 96. <http://psycnet.apa.org/psycinfo/2000-08178-003>



Adults and adolescents participating in our inpatient and outpatient programs demonstrate improved confidence at the conclusion of treatment.