



# PATIENT CHECKLIST

## What to bring to the hospital

Patients are encouraged to bring enough clothing to last for several days, but are cautioned not to bring too much.

Comfortable, casual clothing. Socially appropriate clothing is to be worn at all times (keep current weather conditions in mind) (3 changes of clothes, 2 pairs of shoes, 1 coat)

Sweatshirt and/or jacket

Toothbrush

Toothpaste

Brush or comb

Deodorant (non-aerosol), new and unopened

Pajamas (1 Pair)

Slippers

Exercise clothing

Sneakers

Small amount of cash (Adult)

Any medical equipment used to maintain health will be evaluated at admissions (CPP; Glucometers)

Limited makeup

## What to leave at home

To ensure a safe and substance-free environment, you and your belongings will be searched by staff upon admission and at the discretion of the staff. These items include, but are not limited to:

Mirrors

Scissors

Pocket knives

Weapons of any kind

Laptops/ipads

Cell phone/Charger/Earbuds

Smart Watch

Radios with cords

Personal hair dryers\*

Hair straighteners

Curling irons

Cigarettes (opened/unopened)

Vape/E-Cigarettes/Juul

Illegal Substances

Personal razors\*

Tweezers

Nail clippers

Regular pencils, pens, Sharpies, markers

Any gang-identifying clothing or jewelry (i.e., bandannas)

Heating pads

\* Sheets, towels, comforters, pillows, hair dryers, and disposable razors (adult patients only) will be provided by the hospital