Adolescent Inpatient Unit at Freshwater

1-518-584-3600

Treatment Team

Freshwater Unit • Ext.3413 • Nursing Station

Program Director	Bhakta Waskiewicz, L.C.S.W.	**Ext. 3117**
Medical Director	Yousuf Ahmad, M.D.	**Ext. 3160**
Nurse Practitioner	Katrina Kalet, N.P.P	**Ext. 3213**
Nurse Manager	Christopher Ramsdill, R.N.	**Ext. 3436**
Therapist	Meagan Little, M.S.W.	**Ext. 3051**
Therapist	Ariel Rock, M.H.C.	**Ext. 3000**
Therapist	Rebecca Cornwell, L.M.S.W	**Ext. 3210**
Therapist	Christopher Mosca, L.M.H.C.	**Ext. 3428**
Therapist	Caroline Johr, M.H.C.	**Ext. 3370**
Therapist	Shana Mevissen, M.H.C.	**Ext. 3119**

Please contact the Unit Leadership for any questions.

Visitor Information

In order to limit the exposure for patients and staff, visitation is currently suspended due to COVID-19. This policy will be strictly enforced with no exceptions for individual circumstances.

We understand how important it is for our patients to feel support of loved ones. Below are telephone numbers to call loved ones on the unit. We are also in the process of facilitating video calls using Zoom, a free app available for download. Thank you for your cooperation.

Telephones

Your family member's therapist can always be reached by calling the unit directly or by asking for the extension of the therapist as listed above in the treatment team listing. Please remember:

- Patients may speak on the phone when not in the daily treatment program.
- Phone calls are limited to 10 minutes to respect the needs of all patients.
- Patients can be reached by calling **(518) 584-3600 ext. 3369, 3416 and 3417.**

Patient Account Information

For information about insurance or patient accounts, please call Valerie Sikora at 1-800-528-6624, Ext. 2384.